

Heal all your chronic diseases in 3 months!

Through:

- Spiritual & mental therapies,
- Attitude & personality reframing
- New batch starts on 31st May, 25

Illnesses do not come upon us out of the blue. They are developed from small daily sins against Nature. When **enough sins** have accumulated, illnesses will **suddenly appear**.

– Hippocrates



We help people to cure chronic physical illness of all kind

We attend types of psychiatric and psychological illnesses



Duration: 3 Months

Batch Starts: 31st May, 2025

Days: Saturday, Tuesday & Thursday

Time: 9:30 Pm to 11:00 Pm - IST

Fees: Rs.4,000/- per month

Mode: Online – Google meet

Medium: Malayalam and English

Age limits: 17 Years to 65 Years

HIFZUL RAHMAN, PHD, CHLC, CPI

(An Internationally Certified Life Coach from USA)

For registration



+ 91 906 123 7800 |

For more info: www.hifzul.net

This Program Helps You To...

- ✓ Heal deeply through Noor/ Positive energies of your soul
- ✓ Self-Ruqyah with Quran, Islamic healing
- ✓ Apply Islamic psychological cure from prophetic medicine
- ✓ Clear negative energy, trauma, and spiritual blockages
- ✓ Cleaning negative energies in your home and sites
- ✓ Strengthen your body, mind, soul with practical tools and workout
- ✓ Rebuild yourself to an Islamic Personality
- ✓ Reconnect identity with your purpose of Life and Happiness!

Special Healing Focus On

- ✓ Trauma from abuse, grief, heartbreak, family dysfunction
- ✓ Solve Psychiatric problems with different therapies
- ✓ Jinn affliction, Sihr (black magic), Ayn (evil eye)
- ✓ Emotional energy cords, soul damage & re-parenting
- ✓ Noor-based identity shift & mental rewiring
- ✓ Removing disabling beliefs and Spiritual Blocks
- ✓ Physical health and body workouts

Bonus Features

- ✓ Access to powerful pre-recorded video lectures for 1 year
- ✓ PDF handouts, homework journals & worksheets
- ✓ Private WhatsApp Support group
- ✓ Daily support materials and videos for mind reframing and body workouts

Week-by-Week Curriculum

➤ **WEEK 1 – Introduction & Awakening the Soul**

Understanding the spiritual blueprint: Qalb, Ruh, Nafs, Aql

Awakening the soul's intelligence and original fitrah

Overview of healing journey, vision mapping, and expectation setting

➤ **WEEK 2 – Anatomy of Soul, Energy & Divine Light**

Exploration of soul layers and energetic dimensions

Role of Noor, emotional imprints, and trauma transference

Demonstration: Love Radiation & Divine Connection Techniques

➤ **WEEK 3 – Mind Rewiring & Belief Renewal**

Reprogramming thought patterns (neuroplasticity + attentive dhikr)

Accepting positive energy & light (Noor), overcoming cognitive distortion

Healing psychological and psychiatric diseases by the power of soul

➤ **WEEK 4 – Divine Decree & Human Potential**

Understanding Qada' & Qadar: Empower Faith and Changing Fate

Identity formation from a metaphysical and psychological lens

Exploring the horizon of Free-will and Good Luck

➤ **WEEK 5 – Self-Esteem, Boundaries & Self-Worth**

Breaking free from perfectionism, people-pleasing & fear of rejection

Assertiveness, internal validation & boundary-setting

Time management through value-driven living

➤ **WEEK 6 – Physical Health & Spiritual Discipline**

Prophetic nutrition and healing (physical detox and restoration)

Mind-body-gut connection & hormonal balance

Building physical stamina with physical workouts, nutrition, and sleep alignment

- **WEEK 7 – Relationships & Empowered Emotional Ownership**
 - Knowing who controls you: Emotional dependency vs. spiritual independence
 - 20 principles of relationship empowerment
 - Secrets of sacred intimacy and spiritual compatibility
- **WEEK 8 – Adversity, Empowerment & Growth Mindset**
 - Turning emotional adversity into spiritual awakening
 - The 180° Principle: Reframing life with contrarian insight
 - Unlocking inborn divine potential through faith and action
- **WEEK 9 – Free Will, Identity Shift & Decision Power**
 - Deep dive into free will, choice, and co-creation with the Divine
 - From reactive self to proactive, value-centered believer
 - Belief shaping actions, outcomes, and self-narrative
- **WEEK 10 – Re-parenting & Healing Childhood Imprints**
 - Emotional recalibration through spiritual re-parenting
 - 100+ tools for healthy parenting in emotional, social & spiritual domains
 - Healing inner child wounds: abandonment, neglect, invalidation
- **WEEK 11 – Sustaining Happiness & Fulfilling Relationships**
 - Understanding ingredients of true happiness in Islam
 - Healing wounds in relationships with compassion and clarity
 - Habit reformation through micro-step planning
- **WEEK 12 – Integration & Personality Reframing**
 - Connecting the dots: From wounded self to empowered soul
 - Consolidating identity: Noor-based character, mission, and legacy
 - Final reflections, gratitude ceremony & soul-based intention setting

Modalities we use for our program



Our slogan is
"Knowledge is the real solution for any problem or adversity"



We are in
Electronic City,
Bangalore

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(An Internationally Certified Life Coach from USA)

OUR RELEVANT QUALIFICATION:

- ✓ Healthy Jama'a Scholar (INDIA)
- ✓ Masters Degree and PhD in Parapsychology (USA)
- ✓ Masters Degree and PhD in Holistic Life Coaching (USA)
- ✓ Masters Degree in Applied Psychology (INDIA) Finishing in May'25
- ✓ Post Graduate Diploma in Guidance and Counselling (INDIA)
- ✓ Certified Paranormal Investigator - CPI (USA & INDIA)
- ✓ Certification in "Islamic Healing" (UK)
- ✓ Certification in "Islamic Psychology and Counselling" (UK)
- ✓ Certification in "Metaphysical Parenting" (USA)
- ✓ Certification in "Finding and Keeping Happiness in Life" (USA)

ACCREDITATION:

- ✓ Member of Alternative Medical Practitioners Council (INDIA)
- ✓ A service provider in practo (a health professionals app in Bangalore)
- ✓ Member of Indian Society for Clinical Research (INDIA)
- ✓ Member of International Metaphysical Practitioners Association (USA)
- ✓ Member of ParaNexus Anomalous Research Association (USA)
- ✓ Paranormal Association Member in Society for Psychic Research (Est.1882) (UK)

For registration



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